

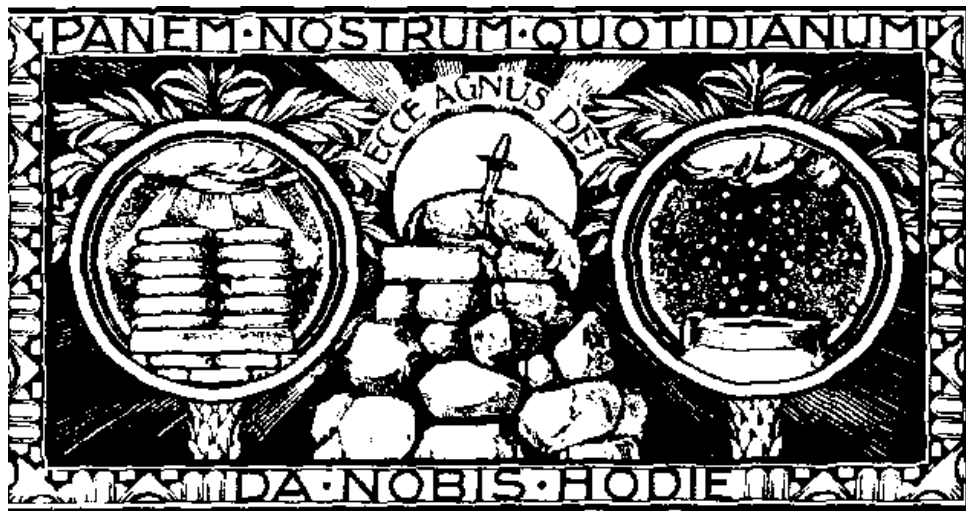
EIGHTEENTH SUNDAY OF THE YEAR

EUCCHARISTIC PRAYER - Roman Canon -see Mass book page 12

Acclamation after the Consecration - see Mass book page 18

The Lord's Prayer - see Mass book page 21

Agnus Dei from the Mass by Peeters



K COMMUNION ANTIPHON
Panem de caelo dedisti nobis, Domine,
habentem omne delectamentum, et
omnem saporem suavitatis.

*Thou hast given us bread from
heaven, O Lord, containing all de-
light, and every taste of sweetness*

Communion Motet. "O nata lux de lumine" by Thomas Tallis (1505-1585)

*"O Light, born of Light, Jesu Redeemer of the world, graciously accept the praises
and prayers of Thy suppliant people here. Thou who once didst deign to be clothed in
flesh for lost sinners, bestow on us the gift of becoming members of Thy blessed Body."*

L POST COMMUNION
Quos caelesti recreas munere, per-
petuo, Domine, comitare praesidio,
et, quos fovere non desinis, dignos fieri
sempiterna redemptione concede. Per
Christum Dominum nostrum. Amen

*Accompany with Thy perpetual protec-
tion, O Lord, those whom Thou dost re-
store by this heavenly gift, and since
Thou never ceasest to care for them,
grant that they may be made worthy of
everlasting redemption.*

Organ voluntary: "Prelude & Fugue in C" by Johann Sebastian Bach (1685-1750)

VESPERS & BENEDICTION

WILL BE SUNG HERE TONIGHT AT 7.30 PM.

YOU ARE WELCOME TO TAKE THIS SHEET HOME

PLEASE DO NOT REMOVE THE MASS BOOK

In the first Reading from the **Book of Exodus**, as the People of Israel are making their way through the desert to the Promised Land after leaving Egypt, God in His kindness gives them bread for their journey. This miraculous bread from heaven is called "Manna".

In the second reading, **St. Paul** urges the Christians of **Ephesus** to give up their aimless, pagan way of life, which is "corrupted by following illusory desires". Instead they must be "renewed by a spiritual revolution".

In today's continuation of **St. John's Gospel**, Ch. 6, Our Lord compares the Bread which He will give His followers with the Manna given to Moses and the People during the Exodus. He warns them not to be taken up with "food that cannot last", "Whoever eats the Bread which Jesus gives will live for ever, and will never hunger or thirst."

INTROIT

A Deus in adiutorium meum intende: *O God, come to my aid, O Lord, make*
Domine ad adiuvandam me festina: con- *haste to help me. May those who seek*
fundantur et revereantur inimici mei, qui *my soul be confounded and turned*
quaerunt animam meam. *Psalm. Avertantur ret-* back. *Psalm: May those who wish me*
rorsum et erubescant, qui volunt mihi mala *ill be driven back and put to shame.*

Introductory rite—see Mass book page 3.

Kyrie & Gloria from "Mass of St. Joseph" by Flor Peeters (1903-1986)

COLLECT

B Adesto, Domine, famulis tuis, et perpetuam *Be present, O Lord, to Thy servants,*
benignitatem largire poscentibus, ut his, qui *and grant to those who glory to own*
te auctorem et gubernatorem gloriantur habere, et *Thee as their author and ruler the*
creata restaures, et restaurata conserves. *everlasting kindness of restoring what*
Per Dominum nostrum Jesum Christum....Per *is pleasing to Thee, and preserving*
omnia saecula saeculorum. Amen *what Thou hast restored.*

C The first reading is taken from the book of Exodus

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death! Then the Lord said to Moses, Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not. I have heard the complaints of the sons of Israel. Say this to them, Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God. And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, What is that? not knowing what it was. That said Moses to them is the bread the Lord gives you to eat. Verbum Domini. **R. Deo gratias.**

D GRADUAL
 Benedicam Dominum in omni tem- *Bless the Lord at all times. May His praise be*
 pore: semper laus eius in ore meo. V. *always on my lips. V, In the Lord shall my soul*
 In Domino laudabitur anima mea: audiant *rejoice: let the meek hear, and they shall re-*
 mansueti, et laetentur *joice.*

E The second reading is taken from **St. Paul's Epistle to the Ephesians.**
 I want to urge you in the name of the Lord, not to go on living the aimless kind of life
 that pagans live. Now that is hardly the way you have learnt from Christ, unless you
 failed to hear him properly when you were taught what the truth is in Jesus. You must give up
 your old way of life; you must put aside your old self, which gets corrupted by following illu-
 sory desires. Your mind must be renewed by a spiritual revolution so that you can put on the
 new self that has been created in God's way, in the goodness and holiness of the truth.

Verbum Domini. **R. Deo gratias.**

F GOSPEL ALLELUIA *O Lord, God of my salvation, I have*
 Domine Deus salutis meae, in die clamavi, et *cried to Thee both day and night.*
 nocte coram te

G GOSPEL. A reading from the Holy Gospel according to St. John
 At that time: When the people saw that Jesus was not there, nor his disciples, they
 themselves got into the boats and went to Caper'na-um, seeking Jesus. When they
 found him on the other side of the sea, they said to him, "Rabbi, when did you come here?"
 Jesus answered them, "Truly, truly, I say to you, you seek me, not because you saw signs, but
 because you ate your fill of the loaves. Do not labour for the food which perishes, but for the
 food which endures to eternal life, which the Son of man will give to you; for on him has God
 the Father set his seal." Then they said to him, "What must we do, to be doing the works of
 God?" Jesus answered them, "This is the work of God, that you believe in him whom he has
 sent." So they said to him, "Then what sign do you do, that we may see, and believe you?
 What work do you perform? Our fathers ate the manna in the wilderness; as it is written, 'He
 gave them bread from heaven to eat.'" Jesus then said to them, "Truly, truly, I say to you, it
 was not Moses who gave you the bread from heaven; my Father gives you the true bread from
 heaven. For the bread of God is that which comes down from heaven, and gives life to the
 world." They said to him, "Lord, give us this bread always." Jesus said to them, "I am the
 bread of life; he who comes to me shall not hunger, and he who believes in me shall never
 thirst.


Verbum Domini. **R. Laus, tibi Christe.**

CREDO IV—see Mass book
 page 29 or 30

At the end of the Bidding
 Prayers we sing this ancient
 prayer to Our Lady.

*We fly to thy protection,
 O holy Mother of God.*

*Despise not our petitions in our
 necessities, but deliver us from all
 dangers, O ever glorious and
 blessed Virgin.*

7. 
 S UB tú-um praesí-di-um confúginus, * sáncta Dé-i
 Génitrix : nóstras depre-ca-ti-ónes ne despi-ci-as ín ne-ces-
 sí-tá-tibus : sed a per-í-cu-lis cúntis líbe-ra nos sem-
 per, Vírgo glo-ri-ó-sa et be- ne-dícta.

Offertory Motet. "Ego sum Panis Vivus" by Tomás Luis de Victoria (1548-1611)

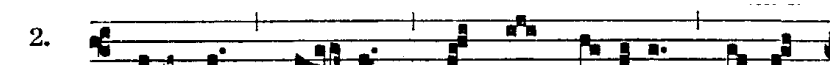
*"I am the living bread which has come down from heaven. Whoever shall eat
 of this bread will live for ever".*

H PRAYER OVER THE GIFTS *O Lord, we pray Thee in Thy favour to*
 Propitius, Domine, quaesumus, haec *hallow these gifts, and when Thou hast*
 dona sanctifica et, hostiae spiritalis ob- *accepted this spiritual victim which we*
 latione suscepta, nosmetipsos tibi perface mu- *offer, make of us a perfect and eternal*
 nus aeternum. *gift to Thee.*

J PREFACE
 Vere dignum et iustum est, aequum *It is truly meet and right and incumbent upon*
 et salutare, nos tibi semper et *us for our salvation that we should always*
 ubique gratias agere: Domine, sancte *and everywhere give thanks unto Thee, O*
 Pater, omnipotens aeternae Deus: per *Lord, holy Father, Almighty everlasting God,*
 Christum Dominum nostrum. *through Christ Our Lord.*

Qui, humanis miseratus erroribus, de *Who, having compassion on erring man,*
 Virgine nasci dignatus est. Qui crucem *vouchsafed to be born of the Virgin, endured*
 passus, a perpetua morte nos liberavit et, *the cross, freed us from everlasting death,*
 a mortuis resurgens, vitam nobis donavit *rose again from the dead, and has given to us*
 aeternam. *eternal life.*

Et ideo cum Angelis et Archangelis, *Wherefore with angels and archangels, with*
 cum Thronis et Dominationibus, cumque *thrones and dominations and with all the*
 omni militia caelestis exercitus, hym- *company of heaven, we sing the hymn of Thy*
 num gloriae tuae canimus, sine fine *glory, evermore saying:*
 dicentes:

2. 
 S Anctus, * Sánctus, Sánctus Dóminus Dé- us
 Sáb-a-oth. Plé-ni sunt caé-li et tér-ra gló-ri-a
 tú-a. Hosánna in ex- célsis. Benedíctus qui vé-nit
 in nó-mine Dómini. Hosánna in ex- célsis.

Sanctus
 from
 plainsong
 Mass XI
 "Orbis
 Factor"