

**EUCCHARISTIC PRAYER I—Roman Canon—see Mass book page 12**

**Acclamation after the Consecration—see Mass book page 18**

**The Lord's Prayer—see Mass book page 21**

**Agnus Dei is from Mass XII "Pater cuncta"**

2.

**A** -gnus Dé- i, \*qui tól-lis peccá- ta mún-di : mi-  
 se-ré-re nó-bis. Ágnus Dé- i, \*qui tóllis peccáta mún-  
 di : mi-se-ré-re nó-bis. Ágnus Dé- i, \*qui tól- lis peccá-  
 ta mún-di : dóna nó-bis pá-cem.

**K COMMUNION ANTIPHON**

Panis, quem ego dederó, caro mea est *The bread that I will give is My flesh for  
 pro saeculi vita. the life of the world*

**Communion Antiphon—“Ave Verum Corpus” by Richard Dering (1580-1630)**

*“Hail, true Body of the Virgin Mary. Truly Thou hast suffered and hast been sacrificed upon the cross for mankind. When Thy side was pierced, blood and water flowed out. In the trial of our death, go before us, O clement, O loving, O sweet Jesus, Son of Mary”*

**L POST COMMUNION PRAYER**

Sacramentorum tuorum, Domine, com- *May our communion with Thy Sacra-  
 munitio sumpta nos salvet, et in tuae veri- ments, O Lord, save us who receive  
 tatis luce confirmet. Per Christum Dominum them, and strengthen us in the light of  
 nostrum. Amen Thy truth.*

**Organ Voluntary: “1st Movement from Sonata in E flat minor”  
 by Josef Rheinberger ((1839-1901)**

**VESPERS & BENEDICTION**

**WILL BE SUNG HERE TONIGHT AT 7.30 PM.**

**YOU ARE WELCOME TO TAKE THIS SHEET HOME**

**PLEASE DO NOT REMOVE THE MASS BOOK**



In the first reading from the first book of Kings, the Prophet Elijah has been exhausted by the tasks he has done on behalf of the God of Israel. But before he can rest from his labours there is more for him to do. God in His goodness, sends Elijah an angel to feed him with bread to strengthen him for all that lies ahead. In this way, God's gift of bread to strengthen Elijah for his journey foreshadows the greater gift of the Living Bread by Christ our Lord, of which we hear in the Gospel reading.

In the second reading from the epistle to the Ephesians St. Paul continues to give practical advice for the true Christian life. We should never harbour grudges, or lose our temper, or raise our voices to each other, or call each other names, or be spiteful in any way. Rather we should seek the grace of the Holy Spirit whereby alone we can avoid these sins and act instead as Christ Himself, with love and self-sacrifice.

Today's Gospel account begins with the complaints of the Jews at Our Lord's words "I am the bread that came down from heaven". Even though they have witnessed the miraculous Feeding of the 5000, they cannot accept that this man, whose family they know, can possibly be what He claims to be. Yet Our Lord continues with His teaching. "No one can come to Him except drawn by the Father". Faith is a gift from God which we must accept, we cannot gain it by any effort of our own, although we can lose it if we are careless. And it is possible to resist it, as some of the Jews do in today's Gospel. But anyone who does eat the Bread of Life, the Body of Christ, will live for ever.

**A INTROIT**

Respice, Domine, in testamentum tuum, et animas pauperum tuorum ne derelin-  
 quas in finem: exsurge Domine, et iudica  
 causam tuam: et ne obliviscaris voces quaeren-  
 tium te. *Psalm.* Ut quid Deus repulisti in finem:  
 iratus est furor tuus super oves pascuae tuae?

*Have regard, O Lord, to Thy covenant,  
 and forsake not to the end the souls of Thy  
 poor: arise, O Lord, and judge Thy cause,  
 and forget not the voices of them that seek  
 Thee. Psalm. O God, why hast Thou cast us  
 off unto the end: why is Thy wrath enkind-  
 led against the sheep of Thy pasture?*

**Introductory rite—see Mass book page 3.**

**Kyrie & Gloria from Missa “O Rex Gloriae” by Giovanni Pierluigi da Palestrina (1525-1595)**

**B COLLECT**

Omnipotens sempiterne Deus, quem do-  
 cente Spiritu Sancto, paterno nomine in-  
 vocare praesumimus, perface in cordibus nostris  
 spiritum adoptionis filiorum, ut promissam he-  
 reditatem ingredi mereamur. Per Dominum nos-  
 trum Jesum Christum.....Amen.

*O Almighty and eternal God, whom at the  
 Holy Spirit's teaching we dare to address  
 by the name of 'Father', bring to perfec-  
 tion in our hearts the spirit of adoption as  
 Thy sons, so that we may be worthy to  
 enter into our promised inheritance.*

**C The first reading is taken from the book of Kings**

Elijah went into the wilderness, a days journey, and sitting under a furze bush wished he were dead. Lord, he said I have had enough. Take my life: I am no better than my ancestors. Then he lay down and went to sleep. But an angel touched him and said, Get up and eat. He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, Get up and eat, or the journey will be too long for you. So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God. **Verbum Domini R. Deo gratias.**

## D GRADUAL

Respice, Domine, in testamentum tuum: et animas pauperum tuorum ne obliviscaris in finem. V. Exsurge Domine, et judica causam tuam: memor esto opprobrii servorum tuorum.

*Have regard, O Lord, to Thy covenant, and forsake not to the end the souls of Thy poor. Arise, O Lord, and judge Thy cause: remember the reproach of Thy servants.*

## E The second reading is taken from St. Paul's Epistle to the Ephesians

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

Verbum Domini. **R. Deo gratias.**

## F GOSPEL ALLELUIA

Domine, refugium factus es nobis a generatione et progenie.

*O Lord, Thou hast been our refuge in every generation*

## G GOSPEL—A reading from the Holy Gospel according to St. John.

At that time: The Jews then murmured at Jesus, because he said, "I am the bread which came down from heaven." They said, "Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, 'I have come down from heaven?'" Jesus answered them, "Do not murmur among yourselves. No one can come to me unless the Father who sent me draws him; and I will raise him up at the last day. It is written in the prophets, 'And they shall all be taught by God.' Every one who has heard and learned from the Father comes to me. Not that any one has seen the Father except him who is from God; he has seen the Father. Truly, truly, I say to you, he who believes has eternal life. I am the bread of life. Your fathers ate the manna in the wilderness, and they died. This is the bread which comes down from heaven, that a man may eat of it and not die. I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh."

Verbum Domini. **R. Laus, tibi Christe.**

**CREDO I**—see Mass book page 25 or 26

**At the end of the Bidding Prayers we sing this ancient prayer to Our Lady.**

*We fly to thy protection, O holy Mother of God. Despise not our petitions in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin.*

7. **S** UB tú-um praesi-di-um confúgimus, \* sáncta Dé- i Gé-nitrix : nóstras depre-ca-ti-ónes ne despi-ci-as in ne-cesi-tá-tibus : sed a per-í-cu-lis cúntis líbe-ra nos sem-per, Vírgo glo-ri-ó-sa et be-ne-dícta.

## Offertory Motet "Jubilate Deo" by Cipriano de Rore (1516-1565)

*"Sing joyfully to God all the earth, serve the Lord with gladness. Begin a psalm and sound the drum, the lyre and the harp. Blow the trumpet in the New Moon, upon the day of our festival"*

## H PRAYER OVER THE GIFTS

Ecclesiae tuae, Domine, munera placatus assume, quae et misericors offerenda tribuisti, et in nostrae salutis potenter efficis transire mysterium. Per Christum Dominum nostrum. Amen.

*Be pleased, O Lord, to receive the gifts, which Thou hast mercifully vouchsafed to Thy Church that she may offer them again to Thee, and which Thou dost powerfully transform into the sacrament of our salvation.*

## J PREFACE

Vere dignum et justum est, aequum et salutare, nos tibi semper et ubique gratias agere: Domine, sancte Pater, omnipotens aeternae Deus:

Ad cuius immensam gloriam pertinere cognoscimus ut mortalibus tua deitate succurreres; sed et nobis provideres de ipsa mortalitate nostra remedium, et perditos quosque unde perierant, inde salvares, per Christum Dominum nostrum.

Per quem maiestatem tuam adorat exercitus Angelorum, ante conspectum tuum in aeternitate laetantium. Cum quibus et nostras voces ut admitti iubeas, deprecamur, socia exultatione dicentes:

*It is truly meet and right and incumbent upon us for our salvation that we should always and everywhere give thanks unto Thee, O Lord, holy Father, almighty everlasting God.*

*We acknowledge that it was to Thy great glory that Thou camest to the aid of mortal men by Thy divine power; and also that Thou didst make our own mortality the source of our healing, so that by the very means which had brought about our loss, even so might we be saved, through Christ our Lord.*

*Through whom the angelic army adores Thy majesty, eternally rejoicing in Thy presence. Together with them do Thou graciously grant that our voices may be joined, singing with them in exultation:*

**Sanctus is from Mass XII "Pater cuncta"**

XIII. s.

2. **S** An-ctus, \* Sánctus, Sán-ctus Dóminus Dé-us Sá-ba-oth. Pléni sunt caéli et térra gló-ri-a tú-a. Ho-sánna in excé-l-sis. Benedíctus qui vé-nit in nó-mi-ne Dómini. Ho-sánna in excé-l-sis.